



Insight

September 2009

Dear Cathedral Family —

It has been said that people who stop learning stop living. This is true of organizations as well. It is with this philosophy in mind that the faculty and staff of Cathedral High School actively participate in Professional Learning Communities. What is a Professional Learning Community? Educators committed to working collaboratively in an ongoing process of collective inquiry and action research to achieve better results for the students they serve. Professional learning communities operate under the assumption that the key to improved learning for students is continuous job-embedded learning for educators. Therefore we are committed to building this valuable learning time in our calendar, and thus you will see 12 days this year where we will be on a PLC schedule.

During this time teachers will meet with their colleagues from their department and other departments to work on answering the four critical questions of a Professional Learning Community: What is it we expect our students to learn? How will we know when they have learned? How will we respond when they don't learn? How will we respond when they already know it? The very essence of a learning community is a focus on and a commitment to the learning of each student. This is a shift from traditional instruction that only focuses on teaching.

When a school functions as a PLC, educators within the organization embrace high levels of learning for ALL students as both the reason the organization exists and the fundamental responsibility of those who work within it. As Peter Senge (author and educational consultant) states, "The rationale for any strategy for building a learning organization revolves around the premise that such organizations will produce dramatically improved results." That is our goal as well as we continue to build our Learning Community at Cathedral High School.

Julie Barthel
Director of Professional Development
Cathedral High School

Table of Contents

Academics	6
Athletics	12
Bookstore	16
Campus Minister	5
Cathedral Connection	17
Dates to Remember	3
Enrollment	7-8
Guidance	15
School News	13-14
Service	9-11
Service Learning	8



Presented by the Cathedral Mothers' Club

**Wed., Sept. 9, 2009
Hill Crest Country Club**

6 p.m. Book Signing and Social Hour (cash bar)

7 p.m. Dinner and Coach Purse Raffle

7 p.m. Mickey Maurer, Guest Speaker
Author of *19 Stars of Indiana*

\$25 per dinner ticket
\$1 per raffle ticket or 15 tickets for \$10

Payment may be made in advance or at the door. For more information and/or reservations,
e-mail Linnae Peat, linnae@thepeats.com or send registration form
(found in the Mother's Club mailer) to:

Linnae Peat
8711 Key Harbour Drive
Indianapolis, Ind 46236

Cathedral High School is a private, Catholic, lay-governed college preparatory school.
It is tax-exempt under Sec. 501(c)(3) of the U. S. Internal Revenue Code.

Dates to Remember

September

- Tues., Sept. 1 Professional Learning Communities – school begins at 8:07; students dismissed at 11:30 a.m.
- Wed., Sept. 2 Sophomore Parent Meeting – 7 p.m. in the Student Life Center Commons
- Fri., Sept. 4 Amy’s Day at 6 a.m in Cafeteria.; \$7 per person for you and for your daughters; speaker will be Brad Stevens, Men’s Basketball Coach at Butler University
- Mon., Sept. 7 Labor Day – no school
- Tues., Sept. 8 Magazine Sale Kick-off in an Assembly followed by Caritas
- Tues., Sept. 8 – Thurs, Sept 10 ComedySportz High School League Improv. Team begin workshops – You must be present for all three workshops
- Sun., Sept. 13 Cathedral 91st Birthday
First annual Grandparents’ Day – Mass in Robert V. Welch Student Activity Center and breakfast in the cafeteria.
- Mon., Sept. 14 Cathedral Connection’s Freshman/Sophomore Parent Meeting – 7 p.m. in Commons
- Tues., Sept. 15 Professional Learning Communities – school begins at 8:07 a.m.
- Tues., Sept. 15 – Thurs, Sep 17 ISTEP Retest
- Tues., Sept. 15-Fri., Sept. 18 Senior Retreat #1
- Fri., Sept. 18 Black Box Series #1
- Sat., Sept. 19 –Sun., Sept. 20 Rosh Hashana (Jewish New Year)
- Fri., Sept. 25 Dad’s Day Breakfast – 6 a.m. in Cafeteria
- Mon., Sept. 28 Yom Kippor (Jewish Day of Atonement)
- Mon., Sept. 28 – Fri., Oct. 2 Homecoming Week
- Mon., Sept. 28 – Tues., Sept. 29 Selected Choral Students to Millikin University Vocal Festival

October

- Thurs., Oct 1 to Fri., Oct. 2 Homecoming Week continues
- Fri., Oct 2 Homecoming Assembly – PM Activity Schedule
- Sun., Oct. 4 The Children’s Play, The Jungle Book, performances at 1 and 4 p.m.
- Mon., Oct. 5-Tues., Oct. 6 Lead Auditions for Spring Musical
- Tues., Oct 6 Professional Learning Communities – school begins at 8:07 a.m. – special schedule
Feast of Rosary Prayer Service – special schedule
- Wed., Oct. 7 Picture Retakes in Welch foyer from 7:30 a.m. to 3 p.m.
- Thurs., Oct. 8 – Fri., Oct. 9 Jr. Women’s Retreat
- Fri., Oct. 9 Dads’ Day Breakfast
- Wed., Oct. 14 Freshman Day of Recollection
PSAT for all sophomores and juniors
Senior College Day
- Fri., Oct. 16 1st Quarter Ends

ANNUAL CHICAGO BUS TRIP

Reservations due by Sept. 25



**Oct. 14 and 15 (Wed. –Thurs.)
Overnight Trip
\$80**

OR

**Oct. 15 (Thurs.)
Day Trip
\$65**

Leave O'Malia's parking lot at 7 a.m.
East 56th Street by CHS

Leave O'Malia's parking lot at 7:00 a.m.
East 56th Street by CHS

Arrive: Chicago at 10 a.m., Wed. (Chicago time)

Arrive: Chicago at 10 a.m.

Return: Indy at 11 p.m. (Indiana Time)

Return: 11 p.m. (Indiana time)

Hotel: The Seneca
\$119
(800)800-6261 Cathedral Mothers' Club

Call the Seneca for Reservations by Sept. 25 to receive the special price.

Contact Kim Lauck for questions 535-5505 kimlauck@gmail.com

Campus Minister

Some time ago it was popular to subscribe to the thought – “Do one unnoticed thing for someone today.” It was all about doing that one good thing, that one unasked for help for someone without expecting something in return.

It causes me to pause and think: if someone did that for me would I be receptive or wonder what did I do to deserve this treatment or what are they angling for? It is permissive in society today to lean toward a negative reaction. I believe it is because our television and radio is so bombarding us with negative news, now on a 24 hour basis.

Ann Ryder, a Catholic former newscaster, used to have a segment on Channel 13 called “Hope to Tell.” It was about what was going on really good in our world. Her segments on the interviews with Mother Teresa are classics. This was an unusual segment on the newscast because it was about the Good News.

In our push towards our theme this year we are asking all students, parents, faculty and staff to look for ways that we can “Feed the Spirit of Others.” This is doing that one good thing. It is finding ways to lift the spirit of others we encounter. It is doing one unasked for good deed.

Who knows what this can be. It can be as major as a fund drive or repairing a home to as simple as offering a smile. Last year a couple of Purdue students were

on the news shows in the morning because they made news in the cold of winter in Lafayette with signs that offered free smiles. They just stood at the side of a dorm with their signs as people walked or drove by, offering them a free smile. You could not help but smile when you saw their efforts or signs.

It is the same with us. Just by smiling at those we walk by could be enough to make their day or lift their burdens off their hearts. A smile can do wonders. A smile is a simple gift. A smile is something that we can all give away.

Just think of the person with the greatest burden ever. What would a smile or an arm around their shoulders do for them on a tough day? It is a small thing to us maybe, but it could be a lifesaver to them on their worst day.

Jesus asks us to be like little children. That is to appreciate all the little gifts we are given, the sunny days, the fresh air, the birds in the sky. Making someone’s day a little brighter, giving someone that smile that is needed, and providing that special hug when appropriate are just simple little acts, acts of random kindness.

In this we are Feeding the Spirit of Others, and God smiles.

Blessings.

Academic Affairs

PowerSchool

We use a student management system called *PowerSchool* to keep you up-to-date on your student's progress in each class. To access students' grades in *PowerSchool*, there are two options:

- 1) Go to <http://powerschool.cathedral-irish.org>. (Bookmark this page in your browser to have quick access in the future.) OR . . . Go to our Website <http://www.catehdral-irish.org> and click on "Quicklinks" in the upper right hand corner. Select *PowerSchool*.
- 2) Parent login IDs will be issued on Wed., Aug. 5, 2009. From this screen, enter your login ID and password.
- 3) Once in *PowerSchool*, all grades and attendance will be seen from the front page window.

The teachers are updating this information every two weeks. If you have any questions or concerns about your student's progress, please contact the teacher. If you have difficulty accessing *PowerSchool*, please contact our chief information officer Rolly Landeros (rlanderos@cathedral-irish.org), and he'll make the necessary arrangements with you. *PowerSchool* grades do not go on your student's permanent record—this is merely a system to improve communication between school and home. It is our hope that by using *PowerSchool* most effectively, students can keep current on their progress and either feel supported in their hard work or know that they need to work harder. *PowerSchool* is not meant to replace the everyday conversations about "what happened in school today" that naturally occur between parent and child. At the end of my monthly *Insight* articles, I will list the upcoming dates for updating *PowerSchool* grades.

First Quarter Parent/Teacher Conferences

The First Quarter ends on Oct. 16. Report cards will be mailed on October 23. (*There is no report card pick up.*)

Parents will have the opportunity to meet with their student's teachers on Wed., Oct. 28, from 5 to 7:30 p.m. Parents should come to the Robert V. Welch Activity Center entrance to pick up teacher information. Individual parent-teacher conferences should take no longer than a few minutes so that other parents may have the opportunity to speak with the teachers. If you need more than a few minutes to talk

with a particular teacher, we ask that you make an appointment with the teacher.

If parents have any immediate concerns about their student's progress, please don't hesitate to e-mail or leave a voicemail for the teacher. Cathedral teachers are always eager to discuss any strengths or challenges of their students.

Homework for Absent Students

Sometimes during the school year, your student may need to miss classes due to illness and other reasons. We encourage the students to get healthy before tackling schoolwork, but sometimes they want to be sure they don't get too far behind. We ask that you check the teachers' Websites before calling your child's guidance counselor to get assignments. All of our teachers are expected to keep assignments on their Websites. Directions to get homework are as follows:

1. Go to the school Website (www.cathedral-irish.org).
2. From the "Academics" tab, click on the faculty/staff directory and choose the appropriate department. (Another option is to click on "Quicklinks" in the upper right hand corner of our Webpage.)
3. Find the teacher's picture and click on his/her "Website."
4. On the right side of the page, courses are listed for that teacher. Click on the correct course, and the homework should be listed in the classroom calendar.
5. If the teacher has no assignments listed, please e-mail the teacher. It may be that the teacher has not assigned homework.

Dates to Remember:

Sept. 10:	<i>Power School</i> grades updated
Sept. 24:	<i>Power School</i> grades updated
Oct. 8:	<i>Power School</i> grades updated
Oct. 16:	End of Quarter 1
Oct. 22:	<i>Power School</i> grades updated
Oct. 23:	Report Cards mailed (no pick up)
Oct. 28:	Parent/Teacher Conferences
Nov. 5:	<i>Power School</i> grades updated

As always, if you have any questions or concerns, please contact me at lford@cathedral-irish.org or at (317)968-7321.

Enrollment

Enrollment Management Staff Changes

There have been a couple of staff changes in Enrollment Management this summer. Duane Emery has returned to a familiar role as vice president for enrollment management, as Diane Szymanski has moved to the advancement staff as director of the Cathedral Fund. Duane was in enrollment management from 2001 to 2006 and looks forward to working with families. Also, Jo Aussenbaugh has joined the team as enrollment management assistant. Jo replaces Erin Reardon, who accepted a teaching position at a charter school. You will find Jo to be a great representative of Cathedral, as she has several perspectives as a parent (of a graduate and two current students), staff member, and volunteer.

The Enrollment Management staff is as follows:

Duane Emery, Vice President for Enrollment Management
(317)968-7360 or demery@cathedral-irish.org
Amy Weber '93, Assistant Director for Enrollment Management
(317)968-7370 or aweber@cathedral-irish.org
Jo Aussenbaugh, Enrollment Management Assistant
(317)968-7368 or jausenbaugh@cathedral-irish.org

Cathedral's Student Body at a Glance

Below is a demographic profile of the 2009-10 Cathedral student body (as of August 21):

School Enrollment	1255
Ninth Grade	328
Tenth Grade	334
Eleventh Grade	297
Twelfth Grade	296
Male	53%
Female	47%
Catholic	76%
Non-Catholic	24%
Students of Color	17%
Schools Represented	139

Class of 2012 Continues Our Tradition of Diversity

This year's freshman class—the Class of 2013—is another fine example of the diversity of backgrounds within our Cathedral family. Over seventy different schools are represented. Geographically, the class comes from all directions, including out of state, several Indiana counties, and all parts of the

Indianapolis area. We look forward to watching students from such varied backgrounds come together, form lifelong connections, share with one another, and learn together. The diversity of Cathedral High School (academic, geographic, socioeconomic, ethnic, and religious diversity) is one of our school's defining elements and is something to be celebrated by the entire Cathedral family. We welcome the multi-talented Class of 2013 and all of the individual contributions we expect each student will make to Cathedral!

Welcome Transfer Students

We are thrilled to welcome students who are new to us as sophomores, juniors and seniors this year. Below is a list of these students. Please join us in welcoming them to the Cathedral family!

Sophomores: Hannah Compton, Ricky Cunningham, Maddy Demo-Dananberg, Maddie Fisher, Michael Kseniak, John Uberto;

Juniors: Aubrey Conard, Harrison Downing, Brian Ferlin, Alex Kovacs, Katrina E. Myers, Brandon Smith, Chandler Thomas, Dan Trennepohl, Braden Western;

Seniors: Frankie DeAugustine, Casey DeSmith, Billy Fitzgerald, Cab Morris, Jacob Robinson, Courtney Roessler, Alex Wideman.

German Exchange Students Join the Irish

For the first time in many years, Cathedral has enrolled exchange students. We are pleased to welcome three students, all of whom are from Germany, to Cathedral this year.

Philipp Sperling is a sophomore and is living with the family of Rachel and Vincent Demyan. **Julia Siewers** joins the sophomore class also and is living with Christian Doty and his family; **Svenja Hoeffler** is part of the senior class and is living with Stefanie Allen and her family. We thank these families for hosting our German friends, and we welcome these new students.

For more information or to express your interest in hosting exchange students at Cathedral, please contact Duane Emery.

Eighth Grade Shadow Visitation Dates

“Shadowing” is a great way for an eighth grader to experience a day in the life of a Cathedral freshman! Parents of eighth graders may arrange a shadow date for their student by contacting Amy Weber at (317)968-7370 or aweber@cathedral-irish.org, or by completing an electronic request in the Admissions section of our Website. There you can find a complete listing of shadow dates for 2009-10.

Open House Nov. 19 – Tell Your Friends!

Remember the fun and excitement of the Cathedral Open House? If you have friends, family or co-workers who might be interested in Cathedral, invite them or plan to bring them to Open House in

November! This year’s **Open House** for prospective students and families will be held on **Thurs., Nov. 19**, beginning at 5:30 p.m. This is a fun-filled evening with a complimentary dinner, student-led tours of the school, and a brief, spirited program in the R. V. Welch Activity Center.

Class of 2013 – Applying for Admission

Eighth grade students interested in admission to Cathedral High School may apply now! There is no fee to apply to Cathedral. Parents of eighth graders may download and print an *Application for Admission – Class of 2014* at www.gocathedral.com.

Deadline for submitting an application for admission to the Class of 2014 is Dec. 11, 2009.

Service Learning

Service Learning Program at Cathedral

High School

The Service Learning Program at Cathedral High School has experienced a very successful first year. Under the leadership of Sister Jackie McCracken, O.S.F., a specialist in the field of service learning and civic engagement, the Service Learning Program has achieved the following in only one year:

- Provided professional development and training for teachers interested in embedding service learning into the curriculum;
- Developed a Service Learning Team comprising faculty, staff, students, Board members, parents, and community partners;
- Assisted teachers in the implementation of service learning within the class curriculum;
- Developed a Student Service Learning Council to train students as advocates and cheerleaders for service learning.

At this point, you might be asking: What exactly is service learning? Service learning is a teaching method that provides students unique opportunities to understand the connections between what they’re learning in the classroom and real life community challenges, issues, and needs. Teachers who embed service learning into their course content understand that it is not “an add-on” or an “extra” to the course. They also understand that the practice of service learning must meet Indiana’s academic standards

whether in science, government, English, or Spanish.

Is there a role for parents with service learning? Absolutely! Because more teachers at Cathedral H.S. will be exploring service learning during this second year of the program, your son and/or daughter will be talking to you about this wonderful approach to teaching and learning? Here’s what you can do to assist your child:

- First: Listen to your child’s explanation of service learning of his/her teacher is using it in a specific class.
- Second: Have conversations with your child about community issues that can lend themselves to a class service learning experience.
- Next: You can assist other parents in understanding more about service learning.
- Then: You can encourage your child’s teachers to use service learning as a teaching method with proven benefits for your child.
- And then: You can volunteer to be a member on the Cathedral’s Service Learning Team mentioned above.
- And no matter what: Be sure to send the message to your child that at every age we can be contributing members of society—service learning encourages this.

For more information about the Service Learning Program, please contact Sister Jackie at (317)968-7341 or jmccracken@cathedral-irish.org.

Service Outreach

Why Mission Trips?

It may be the dusty introductory road, a certain prism of colors from an inspiring sunset, a joyous smile on a young child's face reflecting trust, or the gnarled hand of someone's walk of life that you shared for one week. You may recall the satisfying sweat of work's completion, the heartfelt honesty of opinions and insights shared in reflective intimacy over a campfire, or the night's bright cascade of stars illuminating your experience. Somehow in your week's experience, you encounter God in your midst. He may be in the eyes of the newly met souls you are helping, in the generous courage of your new friends or in your own, gently expanding heart. Mission trips can be life changing. Here are a few reflections shared from Cathedral students' trips involved in inspirational moments this summer

CHWC Knoxville Trip

By Cathedral senior Alex Parker (also accompanied by senior Greg Welage)

This past summer my youth group and I from St. Michael's Greenfield travelled down to Knoxville, TN for CHWC (Catholic Heart Work Camp). We were centered at Knoxville Catholic High School which coincidentally has the same Fighting Irish mascot as Cathedral.

Over three hundred teens attended this year's CHWC in Knoxville. It was an eye opening, spiritual experience. Every morning at CHWC we had a full mass and then we were released to go to our work sites. We had mass six times in the short week that we were there. On the last night of work, we had Benediction and the Four Corners experience. The Four Corners experience is four areas of prayer including the Sacrament of Reconciliation, prayer for others, prayer for self, and a prayer for faith areas.

There are on average forty groups that do work throughout the city of Knoxville and its surrounding areas. This year I helped out Debbie Graves, her husband Dan and their two children, Kirby and Morgan. My group had the daunting task of cleaning out an old shed and reorganizing it so that they could use it again, tearing down an old chicken coop, painting Kirby's bedroom, and cleaning out two other rooms in their house so they can begin to remodel them. I wasn't sure that we could finish all the work we had to do in just four short days. But, to our surprise, we did! We finished everything that they asked us to do and more.

My Mission Trip to Playa del Carmen

By senior Lauren Caldemeyer

I traveled to Playa del Carmen (outside of Cancun, Mexico) with New Hope Presbyterian Church, and my brother and I served as translators for the group, since we are both fluent in the language. New Hope has a

sister church in Playa del Carmen called, "Jesus El Buen Pastor" (Jesus the Good Pastor).

Our main purpose in this town was to conduct a Vacation Bible School in the evenings and help make their church run more smoothly. Each morning we traveled to this small church to assemble crafts for that evening's VBS and to teach English lessons to eager church members. The group of twenty then split in half later in the day. One half of the group went back to El Buen Pastor in the evenings to conduct a Vacation Bible School for the children and the adults of the congregation. The other half of the group traveled to a much smaller town called Acumel about a half hour away. El Buen Pastor wanted to begin setting up their own sister church in this town, and they wanted our help getting the process started. We were fortunate to have a vet with us on the trip, so each day at Acumel we gave rabies and flea vaccinations to dogs and cats from the town. While the men worked with the animals, we did crafts, taught a Bible lesson, and played outdoor games with dozens of children.

We wanted to engage this community to encourage the development of a sister church, and the native children really helped us reach that goal. The kids came back every day to see what crafts, stories, and games we had planned, and they even began bringing their parents along. By Friday, our last day, we had over fifty children participating in our "Vacation Bible School." The trip was a success, and we met all of our goals as individuals, as a group, and as a community. El Buen Pastor is such a spirited church and I know it will continue to do wonders for its needy community.

2009 Peru Mission Trip to Chaclacayo

By junior Nate Moyer (written from Peru on the Cathedral Blog)

So let me get started on the whole "Why I'm here on a mission trip" discussion. To tell you the truth, I just wanted to come. Some would say that this Peru trip was one of the pit-stops I would make in my long life journey, the whole idea of Destiny and that God wanted me here because somehow what I do here is going to affect the rest of my life. But really, I just saw the flyer and I thought "That's what I want to do this summer." Contradictory to what I said about missing suburbia, downtown malls, water I don't have to be wary of, modern plumbing and tons of TV channels that are in English and don't have subtitles — I was getting kind of tired of that whole thing. I was annoyed of petty gossip and drama, the kind that in a year it would hardly matter. So I left that world, not permanently. But when I go back, I'm probably going to have a different perspective on the mid-western world.

So I guess, ultimately, that is why I'm here, to gain a new perspective on the life I lead. It is also to gain a different kind of self-worth and confidence.

Service Outreach

2009-10 Service Hour Criteria

The annual service requirement consists of a minimum of 25 hours. The criteria are:

1. **The service is to be performed for someone outside the student's family and neighborhood. It may be served for non-profit organizations or disadvantaged individuals.** A list of non-profit organizations can be found in the Blue Book or on the Web under On Campus/Service Enrichment. **HOT TIPS** on new opportunities are posted each week on the Cathedral Website under On Campus/Service Enrichment/Current Service Opportunities (<http://www.cathedral-irish.org/page.cfm?p=980>).
 2. The student should not receive any compensation for his/her service. It is not acceptable service to work at one's employment for free or for a relative's company.
 3. It is important to incorporate community service in the performed service. It is also not acceptable to have all twenty-five hours coming from on-campus Cathedral service and leadership.
 4. Babysitting and neighbor help will not be accepted as service performance.
 5. Activities for which extra credit is given in a class will not count toward the service requirement. Activities taking place during class time when classes are missed are generally not valid for service.
 6. **As long as credit was not already received as a grade**, service hours accumulated from a Service Learning Project for a specific class may count up to 5 hours of the required 25 hours. A grade is earned for the senior religion class Habitat for Humanity build and, therefore, **cannot be accepted as service enrichment hours. Service performed during class time cannot be credited as service.**
 7. The service must be documented on the 2009-10 Cathedral Service Documentation Form and turned into Mrs. Halstead in the Commons next to Fr. Munshower. The deadline for these forms is as follows:
Freshmen, Sophomores, Juniors: April 23, 2010.
Seniors: Community service hours are due by Nov. 1, 2009.
Leadership hours are due by March 1, 2010.
- Late reporting of service hours will result in the withholding of the third quarter report for seniors and of the second semester report card for the underclassmen. Students should turn in their documentation forms as soon as their service has been completed. **In order to be considered for service awards made at the end of each academic year at the end of April, service hours should be completed and submitted by April 6, 2010.**
8. Service hours will be shown as completed or not completed on semester report cards. Additional visibility is provided in Parent Connect as a % of completion. Click on the total to see the number of hours out of 25 which have been recorded as completed.
 9. A senior failing to complete their hours will not meet the requirements for graduation.
For the class of 2010, a graduating senior should be achieving 100 service hours in total by completing their annual service requirement during their four years of high school attendance at Cathedral. If a student transfers to Cathedral after their freshman year, this total is pro-rated. Because it is intended that our students engage in service hours each year during their four years, a student may not earn ahead their hours for each subsequent year. All service hours earned are commended and are recorded to capture their total effort. A certificate listing these hours is available for college and scholarship application upon request.
 10. Information supplied on the Cathedral Service Documentation Form will be reviewed for authenticity. Service must be validated on the form when it is performed by an agency representative or by a parent.
 11. **The spirit of the service requirement speaks to the desired character of a Cathedral student. Failure to meet this requirement may put into question a student's enrollment at Cathedral for the following school year.**

Any questions about service or service hours may be directed to Mrs. Halstead,
(317)968 7317 or chalstead@cathedral-irish.org.

CATHEDRAL HIGH SCHOOL
SERVICE DOCUMENTATION 2009-10

TO BE FILLED OUT AND TURNED IN TO THE MRS. HALSTEAD'S OFFICE AS YOUR SERVICE IS COMPLETED.
(Seniors' Service Hours are due Nov. 1, 2009 and March 1, 2010. Underclassmen's are due by April 23, 2010).

PART 1. This section is to be completed by the student and validated by the person or representative of the organization for whom the service is being performed. Parents can also validate that their student participated in the service experience. Please submit your hours within 30 days of performing the service. For your information, 2009-10 Class Service Projects are:

Senior Class: Big Brothers Big Sisters Community Mentoring Program (must be 18 yrs by July 31); Horizon House Homeless Computer Literacy Tutoring; Joy's House Client Activities; New Day Second Presbyterian Program for Children of Divorce; Providence Cristo Rey Tutoring; or Non Profit Agency work

Junior Class: Serving meals at Wheeler Mission Men's Mission, Women and Children's Care Center and Lighthouse Mission; Cathedral Soup Kitchen Once a Month Saturday Lunch (2nd Saturday)

Sophomore Class: Lucious Newsome Food Distribution and Anna's House-every Sat and 4th Wed Spaghetti dinner

Freshman Class: Catholic Charities Christmas Store (organizes for one calendar year to be open to serve referred families from Nov. 30 to Dec. 22. You may assist on Wednesdays all year around by appt.)

All Classes: Special Olympics Class project service is elected, not required.

_____ participated in the service described for _____ hrs.

(Name) (please print)

_____ Date(s) Performed _____

Name of Service Agency Served (please print)

(Please describe the service performed by the agency and what you did to assist at the agency.)

Yes No Was this service part of the class service project? (Please circle Yes or No)

Comments by Representative of Agency or Person served.

Service Agency Representative Name & Phone _____ **Date** _____

(If service was not validated by rep. at time of service, a parent should sign and attest the service.)

PART 2. This section is to be completed by the student.

1. How did you assist the needs of another individual in your community by the service that you performed?
2. What further intention or inspiration do you have to better address this need in your community in your future actions? Can you tie this area of service into academic studies or service projects you would like to lead and organize?

Date

Sr Jr. Soph Fr
Please Circle One

Student Signature

Athletics

What an exciting time of the year for all. School resumes and our fall teams begin a new season with high expectations and goals. The athletic department is on a high note as well, coming off of one of the most successful seasons of all time in 2008-09.

Our fifth ranked Irish football team is well under way, working hard to get back to State championship form in 2009. Many starters return from the 2008 team. In 2009 the Irish have been invited to play in the Horseshoe Classic and the Ivy Tech Invitational. The Irish look forward to the rare opportunity to play consecutive games at Lucas Oil Stadium. The Horseshoe Classic is on Sept. 5 vs. St. Xavier. The Ivy Tech Invitational is the following week where the Irish will face Chatard. Head coach Rick Streiff and seniors Matt Pimentel, Armand Fuller-Washington, Tony Skelton, Ben Hizer, Wes Vasillo, Keenan Collins, Kofi Hughes, Michael Bender, Scott Miller, Nick Stenson, Stevie Wilson, Joe Hilger, Evan Garing, Brian Sutter, Nick Najem, Jim Heisserer, Jake Zupancic, Kevin Loiselle, Tevin Studdard, Jake Buchanan, Mike Stauder, Pat Brady, Tyler Lenahan, Wesley Stokes, Matt Widemon, Jake Robinson, Joe Sander, Frank Myers, Jacob Avellana, Tom Bemenderfer, Camaron Beard, Mike Hugus, Spencer Tigges, Eric Eikenberry, and Pete Gerard look forward to continuing the Cathedral tradition in 2009.

The Lady Irish volleyball team starts the season ranked first in the 2009 pre-season polls. On Aug. 22 the girls opened the season at home vs. Assumption of Louisville. Coach Kesterson looks forward to another state run behind the leadership of her seniors Erin Bucherl, Kayla Masterson, and Kathryn Treadway. Coach Kesterson and staff anticipate a great season for a great group of players.

The boys' tennis team has worked very hard in the off season in hopes of making it to the State championships on Oct. 17. The fourth ranked Irish squad opened the 2009 season on Aug. 18 vs. Lawrence Central. In 2009, Coach Noe and seniors Eric Krueger, Jack Rothkopf, Chase Haskin, Ryan O'Conner, and Nick Lackey guide the Irish for a shot to capture another State Title.

Our Lady Irish soccer team opened 2009 with a pre-season ranking of eighth in the state. Coach Behringer and his seniors Mariah Whitaker, Jennifer Collins, Katie Wacker, Anna Ventimiglia, and Kyra Riggins are on a mission to reload and get back to the state tournament. Coach Behringer is joined by Kevin

Kubacki, Stephanie Behringer, Jennifer McNamara and Eric Schmidt for the 2009 coaching staff.

Boys' soccer kicked off the 2009 season against Columbus North on Thurs., Aug. 20. Coach Schroeder sends seniors Mark Baele, Jake Stieneker, Joe Meyer, Drew Stutzman, Will Haughs, Chris Kauffman, and Chris Yust to the field for the 2009 campaign.

Seniors Abby Lauck, Courtney Balog, and Sarah Renie lead the girls' golf team for the Irish in 2009. Coach Vollmer's seventeenth ranked Lady Irish team looks forward to another successful season. Excellent team depth and an eagerness to improve could just put the Lady Irish in the spotlight in 2009.

Coach Jim Nohl and the boys' cross country team are ready to start competing. Seniors Hale O'Herren, Nick Wildeman, Sam Salin, Bo Albean, and Kevin Hofmeister are speeding up the pace for the rest of the boys in 2009. Head Coach Mark Doctor continues to build the sixteenth ranked girls' cross country program. He will be relying on returning seniors Shelby Bates, Kelly Cathcart, Katie Cleary, Irene Deis, Olivia Fangman, Kara Fisher, Caroline Graham, Kati Hall, Lindsey Lausten, Molly Lawless, Paige Mason, Erin Mooney, Emily Peat, Taylor Poppmeier, Aly Ries, Emily Rinehart, Kasey Ruppe, Melissa Schopper, Tori Spartz, Catie Stevens, Brittany Umana, and Anjulia Urasky to pace the sixteenth ranked girls for a run at the gold. Both boys' and girls' teams opened at the Plainfield Invitational on Aug. 22.

Remember to check our Website at www.cathedral-irish.org and the hotline at (317)543-4942, ext. 8 for latest in sports information and announcements from the athletic department. We also have a link to www.highschoolsports.com to display up to date schedules.

Dates to Remember:

Sept. 11 – Girls' City Golf at Maple Creek GC
Sept. 25-28 – Boys' City Tennis Tourney
Sept. 26-30, Oct. 1 – Boys' and Girls' City Soccer at Lawrence Park
Oct. 1 – Boys' and Girls' Cross Country City at Attucks
Oct. 5-8 – Volleyball City at Ripple
Oct. 2 – Homecoming vs. Neuqua Valley H.S. at University of Indianapolis

School News

International Baccalaureate Diploma Programme

Over the course of its first three years, the Cathedral High School International Baccalaureate Diploma Programme has achieved great success in both training teachers and administrators and offering many new courses in an array of subject areas. Concurrently, the students have become more actively involved in the Cathedral and Indianapolis communities with their work to complete the necessary hours of Creativity, Action and Service (CAS). The students are also busy researching an interesting assortment of topics for their Extended Essays. As a result of these efforts, the classrooms have incorporated many innovative trends which ask the students to perform at high levels using investigative learning.

The first graduating International Baccalaureate (IB) Class of Cathedral High School (Class of 2008) had nine students that received the IB Diploma: **Kelsey Brennan, Joseph Kluemper, Elizabeth Flood, Peter Jensen, Caroline Lemke, Jon Moore, Kevin Roberts, Victoria Schopper, Sarah Smith.**

The Class of 2009 had 20 students that received the IB Diploma: **Briana Anderson, Sarah Bauer, Laura Braswell, Lauren Buchanan, Lisa Edwards, Luke Flood, Michael French, Rachel Graham, Alyssa Howard, Elizabeth Kelly, Joseph Kowal, Kathryn Laine, Brian Lauer, Alec Mac Donell, Maria Malm, Kelsey Massa, Katelyn Melloh, Britney Nay, Carleigh O'Brien, Amelia Schwandt, and Patrick Sullivan.**

With a 100 percent improvement in the number of diplomas awarded from the first class to the second, it is evident that we are learning how to better prepare for the internal and external assessments. Furthermore, many of our graduates are reporting that the IB process of learning has helped them as they continue their studies at the collegiate level, and many universities have recognized the value of the IB Programme by awarding credit hours and scholarships to the students

Congratulations on a job well done and a big thank you to our parents, teachers, administrators and especially the students for the extra efforts to support the IB Programme at Cathedral High School.

Students interested in pursuing the IB diploma can contact Kevin Kubacki or Ken Steeb to obtain more information about what classes need to be taken the freshman and sophomore years in order to be prepared for the IB Programme their junior and senior years

Choir News

Auditions for the Indiana All-State Choir will be Sept. 8 at North Central High School from 5 p.m. to 7:30 p.m. Students must be a member of their high school choir to audition.

The Choir Fall Show will be Sun., October 18 at 3 p.m. All four choirs including Advanced, Beginning, Gospel and Pop Swing will perform. We also welcome the campers of "Singers In Motion" Vocal Camp '09 to join us on stage in concert. It will be held in the Joe O'Malia's Performing Arts Center.

Theatre Auditions Dates

Tues., Sept. 1 and Wed., Sept. 2: Auditions for fall play, *SCAPINO!* Only OPEN to tenth, eleventh, and twelfth grade students.

ComedySportz High School League Improv. Team will start improv. workshops on Tues., Sept. 8. They will conduct three workshops from Sept. 8 through Sept. 10. You must attend all three workshops in order to audition for a spot on the team on Friday, Sept. 11. Auditions are open to ninth, tenth, eleventh, and twelfth grade students.

Mon., Oct. 5 and Tues., Oct. 6: Lead auditions for the spring musical, *SILVER--The Tale of the One Legged Man.* Auditions are open to all Cathedral students.

Mon., Nov. 30: Auditions for Freshman/Rookie Showcase. Auditions are only open to freshmen and/or upperclassmen who have never had a speaking role in a CHS production.

Tues., Jan. 26 and Wed., Jan. 27: Auditions for CHORUS POSITIONS ONLY for spring musical, *SILVER--The Tale of the One Legged Man.* Auditions are open to all CHS students.

2009-10 SUPER BOOSTER INFORMATION

Take advantage of this opportunity to order a **Super Booster** pass for the **2009-10 Athletic Season**. Super Booster features include:

1. Admission for **two** people to all Cathedral High School **home** athletic events. For this year only, that will include a pair of tickets to the football game vs. Bishop Chatard in the Ivy Tech Invitational at Lucas Oil on Sat., Sept. 12 at 2:45 p.m.
2. The **Booster's name listed** in our fall, winter and spring sports **programs**.
3. Priority on the purchase of tickets for any post-season tournaments for which we have qualified.

Irish fans are a vital part of our athletic program. The **\$135 Super Booster Pass** is an excellent value for the entire year.

A **regular booster option** is also available for **\$35**. A regular booster's **name appears in all of our sports programs but does not include tickets to home events**.

PLEASE PRINT NAME AS YOU WOULD LIKE IT TO APPEAR IN SPORTS PROGRAM.

NAME _____

ADDRESS _____

_____ Enclosed is my check for \$135 to become a Super Booster

_____ Enclosed is my check for \$35 to become a Regular Booster

**Please remit to: Cathedral High School Athletic Department
5225 East 56th Street
Indianapolis, Ind. 46226**

Guidance

Preparing for the Senior Year

Seniors who have not taken or would like to retake a college admission test need to register for an upcoming test during the first semester. The CEEB code for Cathedral is 151660.

<u>Test</u>	<u>Test Date</u>	<u>Registration Deadline</u>
SAT	Oct. 10	Sept. 9
	Nov. 7	Oct. 1
	Dec. 5	Oct. 30
ACT	Sept. 12	Aug. 7
	Oct. 24	Sept. 18
	Dec. 12	Nov. 6

Visiting College Campuses

Seniors are allowed two excused absences in order to visit colleges. To receive an excused absence for a college campus visit, a permission form must be completed, signed by a parent and all the student's teachers, and then returned to the College Advising Center at least one day prior to the visit. Permission forms are available online under "[Guidance Links and Resources](#)" or paper copies can be obtained in the College Advising Center. Your student will also have Cathedral free days and weekends as additional opportunities to visit campuses!

"Senior College Exploration Day" is on **Wed., Oct. 14. This is the PSAT date for sophomores and juniors.** Seniors are encouraged to visit college campuses to explore their options. More details about the procedures for visiting colleges on this date will be made available to students via their Religion classes and to parents via future issues of the *Insight* newsletter.

Mark Your Calendars for College Admissions Meetings!!

<u>Meeting</u>	<u>Date</u>	<u>Time</u>	<u>Location</u>
Senior Parents	Thurs., Sept. 3	7 p.m.	SLC
Junior Parents	Wed., Sept. 16	7 p.m.	SLC

University of Notre Dame Information Night: Tues., Sept. 15 at 6:30 p.m.

An admissions representative from the University of Notre Dame will be at Cathedral for an evening

presentation to interested students and parents on Tues., Sept. 15. The presentation will be at 6:30 p.m. in the Commons area of the Student Life Center. An overview of admissions, financial aid, and student life at Notre Dame will be presented. The presentation is open to any grade level and is free of charge.

Colleges That Change Lives College Fair: Tues. Sept. 15 at the Fountains in Carmel

Forty of America's most remarkable colleges are profiled in Loren Pope's book, *Colleges That Change Lives*. For just the third time these forty schools will be in Indianapolis for a college fair. Interested students and families are invited to attend this one time information session and college fair. The fair is scheduled for **Tues., Sept. 15 from 7 to 9 p.m.** at the Fountains Banquet and Conference Center in Carmel. For more information on the Colleges That Change Lives tour visit www.CTCL.com.

Career Planning-Free Student Assessments

Are your students telling you they are not sure what they want to do in life? Are they struggling to find skills and interests that match with their personality? Cathedral has the rights to the Kuder Career Planning System which is a series of online assessments that can be taken for free to answer those questions. There is a Career Search assessment, a skills assessment, and a work values assessment. If you went to a career specialist outside of school this would cost you hundreds of dollars for these assessments. Students need to see their counselor to get a code for access and then go to www.kuder.com to utilize the assessments.

Indianapolis National College Fair

Mark your calendars for **Mon., Nov. 16** as the Indianapolis National College Fair returns to the Convention Center. Last year over 220 colleges from across the nation came to visit with interested Indiana high school students. In addition to the representatives themselves, there are information sessions, exhibitors, and resource booths available. The fair is available at two separate times: 9 to 12 a.m. and 6 to 8 p.m. Our own Mr. Jaskoski is the organizer and chairman of the Indianapolis National College Fair.

Bookstore

WHAT'S NEW AT THE CATHEDRAL BOOKSTORE & SPIRIT SHOP?

The school year is underway, and fall is upon us! Now is a great time to stock up on lots of new Cathedral Irish spirit wear!

A note about uniforms:

Cathedral logo uniform pants are available only from Campus Outfitters, 8284 Center Run Drive, Indianapolis (Castleton area), (317)570-0898.

Cathedral logo uniform shirts (short or long sleeve – navy, white or green) uniform sweatshirts and polar fleece jackets (full zip and pullover) are available for purchase ONLY at the Cathedral Bookstore and Spirit Shop.

Spirit Wear – Students in the classes of 2011, 2012 and 2013 may wear activity sweatshirts and bookstore spirit wear on Fridays.

Just a reminder:

English paperback novels assigned by the English teachers are available for purchase at the Bookstore. For your convenience a variety of school supplies such as notebooks, folders, index cards, pens, pencils, erasers, poster board are available at reasonable prices!

Please note our return policy:

The Cathedral Bookstore & Spirit Shop will accept exchanges or returns of merchandise with receipt

for sixty days from the date of purchase. Refund transaction will be by form of original payment received. Apparel items must not be worn or laundered and appropriate tags attached.

All sales of paperback novels are final – no refunds or exchanges.

Thanks for shopping the Cathedral Bookstore & Spirit Shop! GO, IRISH!!!

BOOKSTORE HOURS

The Cathedral Bookstore is open daily (Mon. through Fri.) from 7:15 a.m. to 1:30 p.m. and is located in the school cafeteria on the lower level of Kelly Hall. *Special school schedules may affect bookstore hours. Please visit the Cathedral Website www.gocathedral.com, Bookstore Page for additional uniform and textbook information and to view photos of new fall arrivals of spirit wear and Irish gift items!

For questions or additional information, please contact Sarah Rogozinski, Director of Bookstore & Spirit Shop Operations, (317)968-7388 or e-mail srogozinski@cathedral-irish.org.

**The Cathedral Bookstore and Spirit Shop is a proud supporter of the Cathedral High School Financial Aid Program through proceeds from sales of spirit wear and other gift items!*

GO, IRISH!!!

Cathedral Connection

This summer, Cathedral Connection was excited to offer a workshop for incoming freshman parents. At this workshop, parents were introduced to the importance of building positive relationships. We all know, as parents, how important relationships are with our children, each other, and our community. If you would like to strengthen your relationships with others, be an effective leader, and would like to be involved with enhancing Cathedral's unique educational mission, then this program is for you. Freshman parents, there will be one more information night which will be held **Sept. 16 from 7 to 8 p.m. in the Baker Board Room.**

Training Sessions will begin for those interested in the program in Oct. The sessions will be held in the Baker Board Room and are for freshman parents only.

The schedule is as follows:

Oct. 6	7 to 8:30 p.m.
Oct. 13	7 to 8:30 p.m..
Oct. 20	7 to 8:30 p.m.
Oct. 27	7 to 8:30 p.m..

The first Cathedral Connection Meeting will be held on **Mon., Sept. 14 in the SLC Commons at 7 p.m.** This will be our Freshman/Sophomore Parent Meeting. We look forward to meeting with all of you! Any questions or concerns, please call or e-mail Shawn or Kristi.

Co-chairs:

Kristi Petruzzi – (317)849-2703/

kristipetruzzi@comcast.net

Shawn Fischer – (317)946-9618/ skfischer7@yahoo.com

CATHEDRAL THEATRE FAMILY SPONSORSHIPS

The show must go on, and it does at the Cathedral High School Theatre. The 2008-09 season was a smashing success, and now our faculty and students are preparing for a new season. Our \$1.5 million theatre addition and renovation is fully operational, allowing for new possibilities. The “black box” (small stage) setting allows student writers, directors, and actors to develop their skills in an intimate setting. Of course, the main stage productions will continue to be the memorable shows that you have come to expect.

Family Sponsorships are an important way we can continue to show our students that we support them in their efforts. The funds raised through sponsorships help pay for things like meals during tech week and scholarships for graduating Seniors.

Consider being a Cathedral Theatre Family Sponsor for the 2009-10 season and please invite grandparents, aunts, and uncles to join in sponsoring the theater program.

If you have any questions, please call Mr. Terry F. Fox, Director of Theatre, at (317) 968-7344. Thank you for your consideration.

Yes, we would like to be a Cathedral Theater Program Family Sponsor

- | | |
|--------------------------------------|---------------|
| <input type="radio"/> Director | \$500 & Up |
| <input type="radio"/> Producer | \$300 - \$499 |
| <input type="radio"/> Leading Role | \$200 - \$299 |
| <input type="radio"/> Stage Manager | \$100 - \$199 |
| <input type="radio"/> Company Member | \$25 - \$ 99 |

(Make checks payable to: Cathedral High School Theatre)

Your name(s) as you would like to be listed in the 2009-10 Program:

Street Address _____

E-mail address: _____

Telephone # _____

**Please mail your check and this form to: Mr. Terry F. Fox
Director of Theatre
Cathedral High School
5225 East 56th Street
Indianapolis, Ind. 46226
tffox@cathedral-irish.org**